

"Supervision is the bridge between what you are currently doing and what you have the capacity to do" – Ask & Roche, 2005 When you look at yourself differently, you see a different you.



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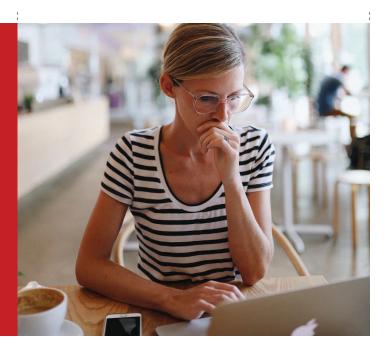
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## WHAT IS...

#### PROFESSIONAL SUPERVISON?

I liken this to "taking my brain to the gym". We nourish our physical bodies and you can nourish your brain as well. Allow yourself the time and space for "extra" vision – a wider view of your practice. Develop yourself professionally by reflecting on your practice and finding an action plan to enhance your practice to be the best version of yourself.







Client management and intervention

Communication

Managing challenging behaviours

Managing ethical issues

Organisational processes

Maintaining quality and best practice

Personal and professional development

Achievement of goals

Evaluation of professional relationships

Anything that you would like to clarify and unpack in relation to your professional competency



Better outcomes for your practice

Opportunities to reflect, learn and flourish

Better collegial relationships

Increased confidence

Increased satisfaction

Skill development

Reduced stress

Greater awareness and understanding



# PROFESSIONAL SUPERVISON WHAT DOES IT PROVIDE?

### IT WILL BE...

Focused on wellbeing

Focused on providing effective and safe service delivery

A facilitative process driven by the supervisee's needs

An opportunity to reflect and learn

Supportive of the supervisee's personal & professional development

Empowering, building a supervisee's confidence and self esteem

Providing an oversight of practice

Regular and occurring throughout your career

A confidential process

The responsibility of all parties to initiate and engage in

Strength focused and aimed at building supervisee's practice skills and awareness of practice

Available for individuals or groups. Add value to your strategic plan by making it a focus to develop a learning culture at your place.