

# BENEFITS FOR YOUR ORGANISATION:

Better service user outcomes

An increase in staff retention

An increase in staff morale and satisfaction

A decrease in turnover and absenteeism


A process to assist supervisees to adhere to their respective codes of ethics

Interrupt your practice and wake up to what you are doing. Do not get stuck in your comfort zone or your comfort stories. Create new stories with purpose and flow.

*“supervision is gathering the treasures of the past into the competencies of the present for the wellbeing of the future”.*  
(Carroll 2010)

“Supervision is the bridge between what you are currently doing and what you have the capacity to do” – Ask & Roche, 2005 When you look at yourself differently, you see a different you.

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WHAT IS...

## PROFESSIONAL SUPERVISION?

I liken this to “taking my brain to the gym”. We nourish our physical bodies and you can nourish your brain as well. Allow yourself the time and space for “extra” vision – a wider view of your practice. Develop yourself professionally by reflecting on your practice and finding an action plan to enhance your practice to be the best version of yourself.



## PROFESSIONAL SUPERVISION WHAT DOES IT PROVIDE?

### IT WILL BE...

- Focused on wellbeing
- Focused on providing effective and safe service delivery
- A facilitative process driven by the supervisee's needs
- An opportunity to reflect and learn
- Supportive of the supervisee's personal & professional development
- Empowering, building a supervisee's confidence and self esteem
- Providing an oversight of practice
- Regular and occurring throughout your career
- A confidential process
- The responsibility of all parties to initiate and engage in
- Strength focused and aimed at building supervisee's practice skills and awareness of practice

*Available for individuals or groups. Add value to your strategic plan by making it a focus to develop a learning culture at your place.*



## WHAT TO BRING TO PROFESSIONAL SUPERVISION?

- Client management and intervention
- Communication
- Managing challenging behaviours
- Managing ethical issues
- Organisational processes
- Maintaining quality and best practice
- Personal and professional development
- Achievement of goals
- Evaluation of professional relationships

Anything that you would like to clarify and unpack in relation to your professional competency



## WHAT ARE THE BENEFITS FOR YOU?

- Better outcomes for your practice
- Opportunities to reflect, learn and flourish
- Better collegial relationships
- Increased confidence
- Increased satisfaction
- Skill development
- Reduced stress
- Greater awareness and understanding